



R2C™ Registrar to Consultant Transformation Programme

Getting a consultants job in the NHS is highly competitive. It is becoming increasingly difficult in the current economic climate as trusts are looking to reduce expenditure. The pressure on consultants to continuously innovate and deliver high quality services with fewer resources is an ever growing challenge.

A strong CV and relevant experience is a must. Competences such as interpersonal skills and team working are now absolutely essential. Current specialty training does not offer the opportunity to learn and develop skills needed to make the transition from trainee to consultant. Balancing the expectations of clinical vs., leadership & management skills can be difficult.

The R2C Transformation Programme is a structured modular initiative, aligned with the Medical Leadership Competency Framework (MLCF) offering a high-quality training for transition to a consultant role. Delivered by two experienced trainers, it works at an individual level using a collaborative approach in a personalised way. A combination of didactic teaching, skills training, small group working, experiential learning and 1:1 coaching is used to give you strategies that will have a real impact.

In addition to giving your CV the edge, the programme will impart skills that will maximise your chances of securing a consultant position and excelling in that role.



Who is R2C™ for?

- Speciality Registrars
- Senior Speciality Registrars
- Academic Clinical Fellows
- Speciality Doctors

How long is R2C for?

- Six months
- Eight ½ day programmes
- Self-learning between programmes

What is R2C about?

- Building People Skills to enhance Clinical Skills
- Experiential Learning & Personal Development
- Creating an 'advantage' in Consultant interviews

What will R2C cover?

- DISC Profiling & Coaching Session
- Effective Communication
- Working with Strengths
- Resilience Training
- Critical Conversations
- Medical Leadership
- Political Awareness
- Influencing Others
- Integrating Clinical & People Skills
- Working in Teams
- My Consultant Plan

What outcomes should I expect?

- A more rounded & advantageous CV
- Better prepared for Consultant interviews
- Confident & Competent as a Consultant

Facilitator



Dr Abrar Hussain

Consultant Psychiatrist and a mentor with the Thames Valley NHS Leadership Academy, who is experienced in working with clinicians to identify and overcome barriers to personal and professional development.

He brings together the technical expertise of a consultant with the people skills needed to succeed in today's NHS.

HARROW SOLUTIONS

Facilitator



John Aspden

A Leadership & Management Trainer & Coach, who specialises in Career Development, Employee Engagement, Team Performance and Change Management.

With significant experience working with the NHS and international healthcare organisations on staff development he is also an executive coach with the Faculty of Medical Leadership & Management.

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